

## “The Hope Center has given me a new lease on life.” - Joe

Our goal is to help each person who comes through our doors to rebuild their lives, no matter the issue. We are proud of each individual who stands up to their problems and makes a better life for themselves and their families.

### Joe



#### Recovery Program for Men

The Hope Center has given me a fresh new lease on life. It has given me HOPE, new beginnings, structure, a sense of pride, humility, and gratitude. At the Hope Center, I have gained a fellowship of men who have a common bond, and who support me by sharing their experience, strength, and hope, and whom I can truly call my friends. If I am struggling, I can seek council with staff, my sponsor or the fellowship. Upon completion of the Hope Center program, I was given an opportunity to work as a Peer Mentor assisting staff, and now give back to the community by working with newly recovering addicts and alcoholics.

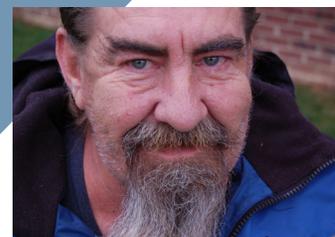
### Christina



#### Recovery Program for Women

The Hope Center has taught me to be self-supporting and responsible. I've always held jobs and places to live, but now that I've had to work so hard for all of that, I'm so much more grateful. I have a completely different perception of God now; it taught me the difference between spirituality and religion. Now, I'm a peer mentor. I never thought I could care for someone else, but it amazes me, the passion and love I have for the women in the program. I try not to forget that I'm just like them. I'm happy – I thought I was happy before, but it doesn't compare to now. I can love other people now. I'm able to show people that this program can work, and that there is hope. I'm proof of that.

### Ron



#### Mental Health

When I first came to the Hope Center, I was just a regular client. But now I am the House Monitor here at the Hope Center. And I have my own room. It is a blessing being able to help all the other guys. I have had a stroke and three heart attacks—if it wasn't for this place (Hope Center), I would not be alive. The staff is great here. If I go to them with a problem, they come up with a solution. If someone is out there and at the point where they know they need help, they should come and talk to someone here. I have never seen them turn anyone away or not help.

**"If you want to succeed, you can do it. If you want help, it's there." - Brenda**

# HELP. HEAL. HOPE.

## Shawn



### Recovery Program for Men, Detention Center

I was a three-time convicted felon, no relationship with my children, no relationship with my family, completely alone. I would have done anything to stop hating myself. Then, the miracle happened. The judge sent me to the Detention Center Recovery Program. It was my last shot. After I was released from prison, I went straight to the Hope Center Recovery Program. When I completed, a friend and I started our own roofing company named in honor of the Hope Center. I've been teaching classes at the Hope Center since 2007, and I'm at the jail several times a week. I employ guys who've completed the program. The last place on the planet I wanted to be was the place I needed to be the most.

## Brenda



### Recovery Program for Women

I started using drugs when I was 15 years old, and had twins shortly after that, then a daughter. After two years, they were taken from me. Once that happened, I was destroyed. I overdosed, and was on life support for two weeks. I got into the Hope Center, and now I have 21 months clean. I know now that I am too good to do the things I did. If something bad happens now, I don't have to go out and use to cope with it. Nothing is that bad. Nothing is worth my sobriety. If you want to succeed, you can do it. If you want help, it's definitely there. Without the Hope Center Recovery Program, I'd probably be dead or in prison or on the streets out looking for one more. As long as I stay grounded like I am, I see nothing but success in my future.

## Charles



### Emergency Shelter, Veterans Program

I've been at the Hope Center for about two years. It's about like going to church. You walk in a place you don't intend to stay, but your soul gets happy and you stay all day. The caseworkers have been the biggest help. In a world where nobody really has time for anyone else, they always take time to work with you. Before, I had a tendency to find a bottle or use drugs to cope with things. Now it's a lot different. You can't get back the time you lost, but you can start where you left off and build from there. I love me now. And once I started caring about me, I could care about other people.

