



SHELTER • FOOD • CLOTHING • RECOVERY • EMPLOYMENT • HOUSING • HEALTH • MENTAL HEALTH • SOCIAL SERVICES • OUTREACH

HOPE CENTER CLIENT STORY:

Aaron

Aaron was a good student in school, enjoyed a successful career and had a wife, children and a nice home. But as he began his struggle with addiction, he was also diagnosed with bipolar disorder. Aaron's mental illness was the underlying cause of his addiction.

He explained, "I wasn't a functioning alcoholic, I was a lucky alcoholic – I never got a DUI or fired from a job.

I eventually got to the point where I realized that my drinking was going to kill me." Aaron's journey through rehab led him to Shepherd's House, then to Eastern State Hospital, where he was referred to the Hope Center's Dual Diagnosis Program.

Mental illness combined with addiction creates a complex set of challenges. The Hope Center's program is specifically tailored to address those challenges and to provide our clients with the support they need.

"It seemed like four to six months was always the maximum amount of time that I could stay sober. Now that I've passed that mark, I'm ready to give back to the program. I'd like to become a peer mentor and help others. The Hope Center keeps me

focused, and it is a great comfort and encouragement to see the success of the staff who have gone through the recovery program. I don't know what I would do without this place. I am just sitting still and letting the process work."



Top 5 Things We Need

- Shower Shoes (flip flops)
- Towels
- Sunscreen
- Sandwiches for the Hope Mobile
- Personal Hygiene Items (trial size)

See full list of needed items at www.hopectr.org

MAILING ADDRESS

P.O. Box 6
Lexington, Ky. 40588

FACILITIES/PROGRAMS

Emergency Shelter
Ball-Quantrell Jones Center for
Women

George Privett Recovery Center
Don and Cathy Jacobs House
Jacobs Hope Cafeteria
Fayette County Detention
Center Recovery Program
HopeMobile

Hill Rise Place Apartments
Barbara Hardwick Rouse House
One Parent Scholar House

PHONE

(859) 252-7881

WEBSITE:

www.hopectr.org

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Cecil Dunn

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The Hope Center's mission is to care for homeless and at-risk persons by providing life-sustaining and life-rebuilding services that are comprehensive and address underlying causes.

WORDS OF
HOPE

www.hopectr.org | WORDS OF HOPE | JUNE 2013

From this day forward *The past doesn't have to determine the future*

We have a client by the name of Franklin. Franklin was born and raised here in Fayette County. He acknowledges that he made a series of bad decisions when he was young, decisions that led to spending 14 years of his life in prison. When he got out, he had a lot of hopes and dreams. Between the sluggish economy and his felony conviction, those hopes and dreams ran into a lot of headwind.

He says, "With a record like mine, it's pretty hard to get good employment, but the Hope Center has given me a chance to really seek employment. I'm trying. I'm really, really trying. ... [W]hen you're able to support yourself you feel more like a man."

Just about every client we serve has something that's holding him or her back. For Franklin, it's his record. For others it could be mental problems, addiction, physical limitations, lack of education or something else. For many it is a combination of these things.

Sure, some of the folks we help blew their first chance. There



Cecil Dunn

"We try to make sure our clients succeed with the chances they have now regardless of what happened in the past."

are plenty of people who have blown chances and made bad decisions. Sometimes the difference between a bad decision that leads to disaster and one that doesn't is pretty small.

Most of us know that there are advantages in this world, advantages of birth, parenting, education, aptitude, health and luck. It is just as true that there are disadvantages, disadvantages of birth, parenting, education, aptitude, health and luck. We try to make sure our clients succeed with the chances they have now regardless of what happened in the past. And make no mistake, we help plenty of people who never had a first chance, people who were dealt a practically unwinnable hand.

The good thing is there are a lot of people who understand these things. They know that chances don't always work out. They get it that a life isn't over just because it has started down the wrong path. They hold fast to the truth that paths can change and that with the right help a fellow human being can start over. Many people who see things this way are friends of the Hope Center and have made its existence possible.

Thank you for being one of those people.

When you think about it, the only useful discussion is how we help this particular client at this particular time move toward a level of self-sufficiency. We don't waste a lot of time dwelling on the past, except to the extent that it helps us to understand and assist the client. When the option is between a life of continuing waste or a life that is recovered and restored, the choice is obvious. We don't give into despair. We believe in hope.

Cecil Dunn, Executive Director

HOPE
CENTER

The Hope Center provides services to the homeless in the Lexington area, including the immediate needs of food, shelter and clothing and the longer-term needs of detox and substance abuse recovery, diagnosis and treatment of mental illness, health clinic services, employment counseling, life skills, housing support and transitional housing.

DONATE ONLINE
www.hopectr.org

A Job is the Bridge

The Hope Center's Employment Program is crucial to our clients in their transition back into the wider community. We provide job training opportunities, transportation to job interviews, help with resume writing and most importantly, contacts with employers and employment agencies. The Employment Program is not a guaranteed job; however, it is a network of support services for our clients who are ready and able to find gainful employment. Along with the Life Skills curriculum, the Hope Center's Employment Program fosters independence and self-sufficiency. If you work at a company that could assist the **Employment Program**, please contact Kris at (859) 252-7881 ext. 3016.

Chuck Gilliam and Matthew Perry in Washington, D.C.



What do Hope Center's Chuck Gilliam and actor Matthew Perry have in common? They spoke together in Washington, D.C. in May at the Prescription Drug Abuse Caucus. Both were saved from their active addiction by recovery programs.

"Drug Court saved my life by ordering me into a recovery program such as the Hope

Center," said Chuck, now Phase 2 Coordinator at the Hope Center Recovery Program.

"It was an honor to speak to those in Washington about Drug Court and to provide them a former client's perspective."

"Chuck was phenomenal and the attendees really paid attention to his story," said Executive Director of Kentucky Drug Court Connie Payne, who spoke to the caucus as a former prosecutor. "His approach was very humble, very real and very helpful for that group to hear."

Matthew Perry also spoke of Drug Court and also shared his personal story of addiction and recovery.

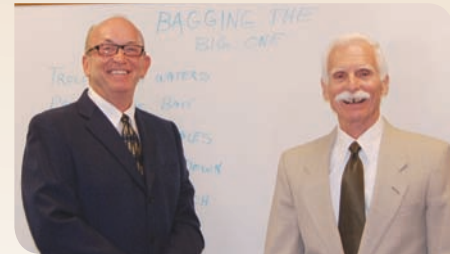
The most surreal moment for Chuck was "definitely cramming nine of us in a very small elevator and having my nose in Matthew Perry's hair. Matthew is a very humble and gracious man who shared his story with me, and it is a powerful one."

Skills Needed to Live Life

How to manage money and find employment are just two areas covered by the Life Skills Classes at the Hope Center. Providing our clients with the tools they need to live independently helps prevent them from returning to life on the streets. Life Skills classes are offered to Phase 1 recovery clients and are taught by community volunteers and staff members. They teach employment skills, resume writing, nutritious cooking, stress management, and money management.

"I found the finding employment part of Life Skills to be very helpful in learning how to help me get back on my feet," said David Todd, a Hope Center Recovery Client. "If you have a felony, there actually are services to help with job placement and I did not know they existed until Life Skills."

Life Skills classes help clients to live healthy, independent lives once they graduate from the Hope Center Recovery Program.



Pictured here are volunteers Dave Norat and Mike Carter, teaching an employment skills class.

Save the Date!

Lexington Legends Community Organization Night is August 8th



Please join us at Whitaker Ballpark on Thursday, August 8th for a great evening of Legends baseball. Tickets may be purchased through the Hope Center and proceeds will support our life saving programs.

Call (859) 225-4673 for tickets!

FOR THE RECORD / Client services provided for April-June (at the Emergency Shelter unless otherwise noted)

Meals Served (including Privett Center & Women's Center) 92,424
Nights Lodging (including Emergency Shelter, Privett Center, Jacobs House, Women's Center) 45,948
Clothing Issued 9,576

Mobile Outreach 3,180
Volunteer Hours 1,587
Health Clinic Visits 3,357
Mental Health Services 7,479

Men's Recovery Admissions 78
Housing & Employment 993
Hispanic Program 138
Women's Recovery Admissions 33

INCOME (April-June)

Grants \$603,137.00
Individuals \$22,396.36
Churches \$3,025.00
Businesses \$110,078.56
TOTAL \$738,630.92

Don & Mira Ball present



**EDUCATION
BUILDS HOPE
LUNCHEON**

with support from Don & Cathy Jacobs

TO BENEFIT THE ONE PARENT SCHOLAR HOUSE

Education Builds Hope Luncheon 2013



Keynote speaker
Jeannette Walls
(left) with Emcee
Nancy Cox

“My background is rough, but my future is not,” said One Parent Scholar House resident Laquisha.

She and bestselling author Jeannette Walls captured the hearts of 450 attendees at the Education Builds Hope Luncheon in May. Jeannette’s amazing story of overcoming her family’s poverty and addiction through hard work and education rang true for so many. The event raised over \$35,000 for the One Parent Scholar House, a Hope Center agency that provides housing, childcare and support services for single parents who are enrolled in higher education.



One Parent Scholar House Residents with special guest John Calipari

One Parent Scholar House residents celebrate graduation!



Graduating from college is a big achievement. For the residents of One Parent Scholar House, it is a huge accomplishment. These hardworking students are also single parents balancing school, part time jobs and parenthood. This May, nine One Parent Scholar House residents walked across the stage and received their diplomas. The graduates were a diverse group with a variety of degrees- a Masters in School Counseling, Bachelors and Associates degrees in Dental Hygiene, Criminal Justice, Arts and Sciences, and Medical Lab Technician.

We are so proud of our graduates, and we are certain they will all go on to enjoy successful careers in their chosen fields. And we celebrate their children as well (pictured above) as they graduate from preschool.

Partnering to Feed Children

On May 30th, Fazoli’s teamed up with Feed The Children to deliver a semi tractor-trailer full of food and household items to the Hope Center. The Hope Center, along with Fazoli’s volunteers, distributed the goods to Lexington families with the cooperation of a variety of agencies, including the Family Care Center, Community Action Council, Catholic Action Center, Chrysalis House, The Nest, The Salvation Army and One Parent Scholar House.

Each family received a box containing a week’s worth of food, a box of personal care and cleaning items, and a gift bag of Avon products. The Hope Center is proud to be a part of this event which brings together volunteers and agencies from across Lexington to help feed needy children and their families.

