



SHELTER • FOOD • CLOTHING • RECOVERY • EMPLOYMENT • HOUSING • HEALTH • MENTAL HEALTH • SOCIAL SERVICES • OUTREACH

## HOPE CENTER CLIENT STORY:

### William

#### HOPE CENTER: “IT TAUGHT ME HOW TO BE ME”

On December 8th I became homeless. I was looking around Nicholasville trying to find a place and one of the churches there brought me here.

I've learned a lot about myself and other people, and how to treat other people. Most of all I've learned about myself, how I want to be treated. It's been a real experience.

I've seen more of me opening up to people than I have ever done in my life. I used to be in mental institutions where you get locked

away and they forget all about you. When I came out of them I was always scared to open up. This place has taught me to open up.

It taught me how to be me. It taught me a lot of interpersonal

skills that I did not have; how to relate to people, how to deal with people. That's really what they've taught me.

God put me here. I know he did. He put me right where I needed to be.

*“I learned a lot about myself, and how to treat others.”*

Help Rebuild Lives.  
Hear William's story at [hopectr.org](http://hopectr.org)



# HOPE CENTER

The **Hope Center** provides services to the homeless in the Lexington area, including the immediate needs of food, shelter and clothing and the longer-term needs of detox and substance abuse recovery, diagnosis and treatment of mental illness, health clinic services, employment counseling, life skills, housing support and transitional housing.

**DONATE ONLINE**  
[www.hopectr.org](http://www.hopectr.org)

#### MAILING ADDRESS

P.O. Box 6  
Lexington, Ky. 40588

#### FACILITIES/PROGRAMS

Emergency Shelter  
Ball-Quantrell Jones Center for Women  
George Privett Recovery Center  
Don and Cathy Jacobs House  
Jacobs Hope Cafeteria  
Fayette County Detention Center Recovery Program  
HopeMobile  
Hill Rise Place Apartments  
Barbara Hardwick Rouse House  
One Parent Scholar House

#### PHONE

(859) 252-7881

#### WEBSITE:

www.hopectr.org

#### EXECUTIVE DIRECTOR

Cecil Dunn

#### BOARD OF DIRECTORS

Don Ball, Chair  
Connie Joiner, Vice Chair  
Bill Rouse, Treasurer  
Patrick Brewer, Secretary  
Gail Bennett  
Randy Breeding  
Bill Bridges  
Ron L. Brown  
Jack Burch  
Chauncey S.R. Curtz  
Frank Hamilton  
Ellie Hawse  
Louis Hillenmeyer III  
Barry Holmes  
Cathy Jacobs  
George Keifer  
Steve Kelly  
Jane Kirschling  
Danesh Mazloomdoost, MD  
John McCarty  
Scott McKinney  
Beth Mills  
Terry Mobley  
George Privett, Jr., M.D.  
W. James Sprow III  
Richard Stephenson  
Dr. Robert Straus  
Lance Williams

#### BOARD OF SUSTAINERS

Harry Cohen  
Jean Cravens  
R. Douglas Ezzell  
Gordon Hyde, M.D.  
Rev. Bonnie Quantrell Jones  
Mike Scanlon

The Hope Center's mission is to care for homeless and at-risk persons by providing life-sustaining and life-rebuilding services that are comprehensive and address underlying causes.

WORDS OF  
**H O P E**

www.hopectr.org | WORDS OF HOPE | FEBRUARY 2013

## Thinking about the last house on the block Finding the Hope Center

I heard a client say something the other day. It's something I've heard before from other clients. It sums up what the Hope Center has meant to many of our people over the years. He called the Hope Center "the last house on the block."

The client's name is Brad. In this case he is in the recovery program. In fact he is a peer mentor in Phase 2 of the program. He encourages and assists other clients along the path to recovery. He helps them in their recovery, and, in doing so, he strengthens his own.

His story may not be the one that first pops into your head when you think of an alcoholic homeless person. He had an upper middle class upbringing. He graduated from college and married when his wife started medical school. They had a home and a life together. He lost it all. Alcohol took it away from him.

Brad had been through nine other programs before coming here. None of them worked for him. Ours did. I want to be



Cecil Dunn

clear that there are many good, effective programs out there. It's just that, in this case, he did not respond to any of them. He did respond once he got to the Hope Center, the last house on the last block for him.

Much the same can be said about William, the client whose story you will find in this issue. William suffers from mental illness and has been in and out

of institutions over the course of his 50 years. I'm confident those institutions helped William in many ways, but he was still at a loss.

A little over a year ago William was homeless and trying to find a place to live. He was unsuccessful.

Some folks from a local church brought him here.

As with Brad, something finally clicked for William once he found the Hope Center. He felt a connection with the people who worked with him. They helped him learn about his life in a way he had never experienced before. He is learning to be himself.

You could say that both of these men are not just living at the Hope Center. They are living in hope, hope for a future when

they can take care of themselves. That's what we do every day. We teach people who cannot take care of themselves how to do so. We teach them how not to be homeless.

Cecil Dunn, Executive Director

While we are thinking about mental illness, it's probably worthwhile to reflect again on how things have changed for the mentally ill in the last few decades. In the early 1960s, Eastern State Hospital had a population of about 2,500. Because of changes in policy and legal requirements, there has since been a large-scale deinstitutionalization of the mentally ill. You may have read that the new Eastern State will have 239 beds. This is not because there are fewer people with mental illness.

There are more; they just don't happen to be in the hospital. Many of them are on the street.

The needs of the mentally ill are far greater than the resources available to help them.

That is why it is so important for agencies like the Hope Center to be involved with the mentally ill homeless. We cannot solve the problem, but we can diminish it – and do.

## Thank you for Making the Holidays Special

Because of your outpouring of generosity, our clients felt very loved and cared for over the recent holiday season.

- **Second Presbyterian** provided a wonderful dinner for our Community Thanksgiving dinner and provided the snacks for our client Christmas party.
- **Sal's Chophouse** opened their doors and provided transportation for our clients to enjoy a wonderful Thanksgiving Day meal.
- **Daybreak Community Church** provided a wonderful Christmas dinner, complete with menus for the clients to order from and servers at each table.
- Many generous supporters, like **The Gathering Church**, provided Hope in a Bag by filling bags with personal needs items (travel sized shampoo, deodorant, toothpaste, tooth brushes, etc).



Our men's Christmas party was made possible by **Chiro One Wellness Center, The Locker Room, Mill Outlet, Bridle Creek Apartments, Stephen Lawrence Ltd., Men's Warehouse, Zimmzang, Space Center, Old Paris Road COG, Christ the King, Ashland, Inc., Metro**

**Employee Credit Union, Newman Center,** and many more generous supporters!

Big thanks to **ORKIN** for sponsoring the Women's Recovery Program Christmas party and for **Southern Hills Methodist Church** who helped provide gifts. A great time was had by our clients and their children, with special thank you to our Santa, Mr. Jack Pattie.

Thank you to these wonderful supporters for making such a special 12 Days of Christmas by providing and serving the dinner and lunch meal.

- Ball Homes**  
**Beaumont Presbyterian Church**  
**Cadentown Baptist Church**  
**Christ the King**  
**Daybreak Community Church**  
**Episcopal Church of the Resurrection**  
**Faith Lutheran Church**  
**First Presbyterian Church**  
**Meadowthorpe Presbyterian Church**  
**Nigoff Family & Friends**  
**Oasis Community Church & Youth Group**  
**Robertson Family**  
**Second Presbyterian Church**  
**Southern Heights Baptist Church**

*Thank you for all the support and kindness you give to our clients!*

## The Hope Center's WARM Project/HIV Program staff



was featured this month on the Bluegrass HIV Coalition website (bghiv.org). The staff consists of three devoted members: Shelby Palmer, Sara LaForce and Erica Sanchez. Together, with a team of HopeMobile testers, they administer more than 1,500 HIV tests every year.

This program has impacted thousands of individuals and families in the Lexington and Central Kentucky area over the last four years and has been an important part of the Bluegrass HIV Coalition since its inception.

## Top 5 Things We Need

- Back Packs
- Blankets
- Towels
- Antibiotic Ointment
- Socks

*See full list of needed items at [www.hopectr.org](http://www.hopectr.org)*

## Hope Center was proud to honor the Foundation for a Drug Free Youth on National Philanthropy Day 2012



**Pictured here are:**  
 Dr. George Ross,  
 Lee Hess, Fred Parker  
 and Pam Miller from  
 the Foundation, with  
 Kay Yates of Association  
 for Professional

Fundraisers, Stephanie Gudger and Janice James of the Hope Center.



The Hope Center finished in fourth place in the 2012 Goodgiving Guide Challenge. **Thank you!**

*And also our 2012 Year-End Appeal was up from last year. We thank each of you who have contributed to the Hope Center. You help us to continue to rebuild lives in Kentucky.*

### FOR THE RECORD / Client services provided for October-December 2012 (at the Emergency Shelter unless otherwise noted)

**Meals Served** (including Privett Center & Women's Center) . . . . . 86,643  
**Nights Lodging** (including Emergency Shelter, Privett Center, Jacobs House, Women's Center) . . . . . 46,792  
**Clothing Issued** . . . . . 10,565

**Mobile Outreach** . . . . . 2,916  
**Volunteer Hours** . . . . . 1,126.50  
**Health Clinic Visits** . . . . . 3,357  
**Mental Health Services** . . . . . 7,024

**Men's Recovery Admissions** . . . . . 73  
**Housing & Employment** . . . . . 1,129  
**Hispanic Program** . . . . . 441  
**Women's Recovery Admissions** . . . . . 37

### INCOME (October-December)

**Grants** . . . . . \$565,642.00  
**Individuals** . . . . . \$172,182.15  
**Churches** . . . . . \$10,912.86  
**Businesses** . . . . . \$135,697.31  
**TOTAL** . . . . . \$884,434.32

## Chef Jeff Delivered at Ball Homes Night of Hope

### The Ball Homes **NIGHT OF HOPE**

Presented by Don & Cathy Jacobs



The Ball Homes Night of Hope featured guest Chef Jeff Henderson who touched so many in the one day he spent with us. On November 15, he not only filled the Opera House, but he filled the Jacobs Hope Cafeteria where he worked with Hope Center clients and prepared an incredible lunch for Governor and First Lady Beshear, Mayor Gray and over 100 Hope Center supporters.

Chef Jeff, our clients and Hope Center supporters made the atmosphere for the Night of Hope lunch memorable and uplifting. And the food was amazing!

At the Opera House Sponsor Reception, great food from Carrabba's Italian Grill was enjoyed and sponsors had the opportunity for pictures and introductions with Chef Jeff. He is pictured below with Cathy Jacobs and her guests. Don and Cathy Jacobs were the Presenting Sponsors of the Ball Homes Night of Hope.

Chef Jeff spoke about turning lives around, about how it is never too late and of how he turned from top drug dealer in California, to top American celebrity chef in the nation. He was genuine, moving, energetic and enlightening.

We would like to thank Don and Mira Ball for being the Title Sponsor of the Ball Homes Night of Hope. We thank them for all they do to rebuild lives in Kentucky.



## Winner of the new 2013 Ford Escape!

Congratulations to Sharon Lykins, the winner of the Hope Center car raffle, and the new 2013 Ford Escape! Sharon (pictured on the far left) and her family all came to Paul Miller Ford on a Saturday to pick up her new wheels. Sharon is a big Hope Center supporter and a grandmother who drives many grandchildren around town, so she was very happy to have such a versatile car!

Thank you to Paul Miller Ford! You have graciously raised funds to support those who are rebuilding their lives at the Hope Center. The Kentucky Big One has a big heart! **And we thank them!**

## Joseph Beth Booksellers Hope Center Book Fair Weekend

**Feb. 22-24**

Bring this voucher with you to shop and the Hope Center will receive 20% of sales. This is a great opportunity to read more and to help the homeless, addicted and mentally ill in Kentucky!

Show Your Support & Help Raise Money for  
*Hope Center*

**HOPE**  
CENTER

**20%** of your purchases at Joseph-Beth & Brontë  
Bistro go to support the Hope Center

**Fri., Feb. 22 & Sat., Feb. 23 from 10am - 11pm  
and Sun., Feb. 24 from 11am-9pm**



Voucher must be turned in at time of purchase. Gift cards purchased in previous fundraisers may not be used. Percentage back excludes the following items: shipping charges, periodicals, newspapers, gift cards, titles that currently receive a 20% or greater discount at the point of purchase, purchase of membership to Joseph-Beth Gives Back, and special orders to be picked up at a later date.

**Joseph-Beth Booksellers Lexington**

Joseph-Beth Booksellers | 161 Lexington Green Cir., Lexington, KY 40503 | (859) 273-2911

THIS IS NOT A DISCOUNT COUPON