



SHELTER • FOOD • CLOTHING • RECOVERY • EMPLOYMENT • HOUSING • HEALTH • MENTAL HEALTH • SOCIAL SERVICES • OUTREACH

A CLIENT'S PERSPECTIVE: Mark Hall



Mark grew up in a dysfunctional family; his parents divorced when he was in 3rd grade. Before graduating high school, he had already had three stepfathers. Mark was unathletic, and uninterested in sports; he therefore didn't have many similarities to his father. "My father was never intentionally ostracizing me, but that's how it felt."

Mark was introduced to alcohol by his father when he was fifteen. At nineteen, he was a regular in the bars and it progressively got worse. "I swore I would never drink at home, but the last three years I did. It was so much cheaper. Last year it got to the point where I wouldn't leave home."

In May 2011, Mark lost two jobs in 4 weeks. "I couldn't function without alcohol. I would carry 4 small bottles of vodka everywhere I went. I would get the shakes so bad I couldn't write. I was fired for drinking on the job."

Then his physical health declined. Mark was admitted into Good Samaritan Hospital for internal bleeding. He spent nine days in the hospital, and as soon

as he left, he immediately started drinking again. After he got fired from his second job, he was thrown out of his apartment and attempted suicide. Before he could be released from the hospital he had to have proof that he was going to receive counseling, and his family found the Hope Center. He made an appointment and came directly here. That was May 29, 2011.

The Emergency Shelter was a hard transition for Mark, but then he began the 12 step program. "When I got to the program, I actually started seeing hope." Those who had lived through incredibly bad experiences shared their stories. They demonstrated to him that there is a solution.

"It didn't take me long to see that; hearing people's stories and how the Hope Center helped them. After one week I was 100% committed." Mark said.

Mark is 44 years old, and feels like he is starting life over from scratch. "I just take one day at a time," Mark says. "I am at peace with the fact that God has given me each day at a time, sober." Mark attends four meetings every week and a study for 2 ½ hours on Sundays, and he now works at the Privett Center. Mark says he likes his job and plans to take some college courses to help move into a more permanent position.



Wanting a great volunteer opportunity to do from home with your family, church, civic organization, or place of business?

Help make sandwiches for our mobile outreach unit, called the Hope Mobile, which helps feed homeless men, women and children. This easy and fun volunteer activity makes a direct impact!

Call Heather Mitchell for more details at 859.225.4673, ext. 105 or hmitchell@hopectr.org.

MAILING ADDRESS

P.O. Box 6
Lexington, Ky. 40588

FACILITIES/PROGRAMS

Emergency Shelter
Ball-Quantrell Jones Center for Women
George Privett Recovery Center
Don and Cathy Jacobs House
Jacobs Hope Cafeteria
Fayette County Detention Center Recovery Program
HopeMobile
Hill Rise Place Apartments
Barbara Hardwick Rouse House
One Parent Scholar House

PHONE

(859) 252-7881

WEBSITE:

www.hopectr.org

EXECUTIVE DIRECTOR

Cecil Dunn

BOARD OF DIRECTORS

Don Ball, Chair
Connie Joiner, Vice Chair
Bill Rouse, Treasurer
Patrick Brewer, Secretary
Gail Bennett
Randy Breeding
Bill Bridges
Ron L. Brown
Jack Burch
Chauncey S.R. Curtz
Frank Hamilton
Ellie Hawse
Louis Hillenmeyer III
Barry Holmes
Cathy Jacobs
George Keifer
Steve Kelly
Jane Kirschling
Danesh Mazloomdoost, MD
John McCarty
Scott McKinney
Beth Mills
Terry Mobley
George Privett, Jr., M.D.
W. James Sprow III
Richard Stephenson
Dr. Robert Straus
Lance Williams

BOARD OF SUSTAINERS

Harry Cohen
Jean Cravens
R. Douglas Ezzell
Gordon Hyde, M.D.
Rev. Bonnie Quantrell Jones
Mike Scanlon

The Hope Center's mission is to care for homeless and at-risk persons by providing life-sustaining and life-rebuilding services that are comprehensive and address underlying causes.

WORDS OF
H O P E

www.hopectr.org | WORDS OF HOPE | APRIL 2012

Samuel goes to Frankfort

By Cecil Dunn, Hope Center Executive Director

My friend Samuel and I went to see the governor the other day. Samuel was the one who got to sit in the Governor's chair – on the Governor's lap actually. I got to take him there.

Samuel lives with his mom, Deanna, in an apartment on Horsemen's Lane off Red Mile Road. She goes to college. He attends the child development center located at the same site as their apartment. The place is called One Parent Scholar House. (It used to be called Virginia Place.) The Hope Center has been managing it for two years now.

At One Parent Scholar House, single-parent families receive:

- Affordable housing for the families
- Higher education opportunities for the parents
- Child development and care for the children

Samuel is four years old. Deanna is 23. She was in high school in Louisville when she got pregnant. Her prospects were not good. Her options were few.

It was Deanna's sister who suggested she look at One Parent Scholar House. In 2009 Deanna and Samuel moved in.

With the help of the program at One Parent, Deanna received her Associate in Arts degree from Bluegrass Community and Technical College in 2011. She now at-

tends Eastern Kentucky University where she's pursuing a bachelor's degree in the Homeland Security program.

That degree program instructs students how to help secure borders, airports, waterways and seaports; prepare for and respond to natural and man-made disasters; provide counterterrorism and law enforcement intelligence support; and use the latest security technology.

Deanna says she wants to work on disaster recovery because she would like to help people get back on their feet, sort of like what One Parent has done for her. She also plans to get a masters degree in the field.

None of this would be likely if it weren't for One Parent Scholar House.

Families headed by single parents without education are at a higher risk than most families of becoming homeless. Without resources and support, getting that education is too much of a hurdle for many. One Parent Scholar House removes some of the barriers.

Samuel and several of his friends were in Frankfort to tell people about the program, about what's



going on in their lives and those of their parents. You see, One Parent Scholar House has served as a model. Kentucky Housing Corporation has helped build other projects like it around the state, projects that help families find a better future. We thought people at the capital should know more about it.

One of the things I really like about One Parent Scholar House is how it instills a respect for education in more than one generation. As I heard another young mother at One Parent say about her child, "He knows two things for sure. Mommy has homework, and he's going to college."

Samuel's prospects for the future are looking up. I don't know how far he will go, but I do know this. He's already made it to the governor's office.



One Parent Scholar House Resident and University of Kentucky Nursing School student Ashley and her son Blake.

Grateful Graduate

The **One Parent Scholar House**, a Hope Center Agency, makes it possible for single parents with small children to earn their college or post-secondary degree, empowering them to sustain their families and pass the love of education to their own children.

COME TO SUPPORT THE SCHOLARS!

R.J. Corman Railroad Group presents



**EDUCATION
BUILDS HOPE
LUNCHEON**

with support from Don & Mira Ball

TO BENEFIT THE **ONE PARENT SCHOLAR HOUSE**



PNC Bank • Lexington Diagnostic Center & OPEN MRI
 Forcht Bank • Rouse Companies • Whitaker Foundation
 Kentucky Employers' Mutual Insurance
 Wabuck Development Co., Inc. • The Carrick House
 Lowell's Independent Automotive



John Calipari



Liz Murray

Join emcees **John Calipari** and **Orlando Antigua** as we welcome **Liz Murray**, the subject of Lifetime Television's Emmy-nominated original film *Homeless to Harvard*, based on her story in *Breaking Night*, which made *The New York Times* Best-seller List in its first week of release.



**One Parent
SCHOLAR HOUSE**

Info: Carrie Thayer at 859-225-4673
 cthayer@oneparentscholarhouse.org

May 17, 2012 at 12:15 p.m.
The Carrick House

See oneparentscholarhouse.org to purchase tickets or a table.
 Cost is \$500 per table or \$50 per ticket.

KRAFT FOODS AND THE ONE PARENT SCHOLAR HOUSE

Kraft Foods has been focusing on the One Parent Scholar House program. You can tell this by the smiles on the children's faces and on the parent scholars' as well.

"I know it would be hard to be a single parent trying to finish college," said Rachel Wagers, Hearts with Hope volunteer. "When parents are in class, they need someone to watch their kids. And us being here makes their day and our day even better."

Kraft Foods and the Hearts with Hope group did make everyone's day with Easter baskets for each child, an Easter egg hunt in the classrooms, and by assisting students with making cards for their parents. They then assembled boxes filled with Kraft food items, one for each of the eighty families.



Hearts with Hope Volunteers add to the joy at One Parent Scholar House.

"Our group of volunteers researched programs and settled on helping the One Parent Scholar House," said James Wagers, District Manager for Kraft Foods. "Kraft has been very supportive as we choose to focus on this particular program. Our volunteers can see the amazing work being done here and love to visit."

Thank you to Kraft Foods and Hearts with Hope volunteers! If you have a volunteer idea for the Hope Center or One Parent Scholar House, contact Heather Mitchell at 859-225-4673 x 105.



The Hope Center assisted the victims of the tornados in West Liberty by sending a portion of blankets and donated food items such as bread, lunch meats and canned goods.

"We are fortunate to have such strong community support and to have basic supplies ready and on-hand for those in need. We feel that many of the tornado victims are now feeling the effects of homelessness, as their homes and personal items have been destroyed," said Cecil Dunn, Executive Director of the Hope Center in Lexington.

Hope Center supplies were transported to the tornado victims by the Christian Appalachian Project.

FOR THE RECORD / Client services provided for October-December (at the Emergency Shelter unless otherwise noted)

Meals Served
 (including Privett Center & Women's Center) 92,135
Nights Lodging
 (including Privett Center) 30,354
Clothing Issued 8,787

Mobile Outreach 2,319
Volunteer Hours 1,458
Health Clinic Visits 2,045
Mental Health Services 6,974

Men's Recovery Admissions 64
Housing & Employment 1,098
Hispanic Program 741
Women's Recovery Admissions 17

INCOME (October-December)

Grants \$550,490.00
Individuals \$183,570.00
Churches \$14,602.00
Businesses \$64,649.00
TOTAL \$813,311.00

Governor, First Lady Announce Positive Impact of Recovery Kentucky Substance Abuse Treatment Centers

With the Hope Center acting as the model peer-driven substance abuse center in Kentucky, we were honored to host Governor Beshear and First Lady Jane Beshear as they announced the results of the University of Kentucky Center on Drug and Alcohol Research report. The study interviewed a random sample of Recovery Kentucky participants, who were interviewed once before they entered the recovery program and then again six months later.



“The results of this study confirm what we already know to be true—that a well-designed and supportive housing and recovery program can have significant success in helping men and women recover from the scourge of addiction,” said Governor Beshear.

The results showed:

- **Decreased Substance Dependency:** 93% of participants reported being abstinent from alcohol, 88% of participants reported being abstinent from drugs.
- **Increased Recovery Support Involvement:** 81% of participants reported going to mutual help recovery group meetings such as Alcoholics Anonymous.
- **Decreased Criminal Justice Involvement:** the number of participants who spent time in jail or prison decreased by 74 percent.
- **High Program Satisfaction:** Participants rated Recovery Kentucky Centers 8.7 on a scale of 10 representing the best experience.

The report also found that for each dollar spent on recovery services resulted in a \$2.92 return in avoided costs to the state.

“Shortly after Steve took office in 2008, I visited a Recovery Kentucky Center for the first time and spoke with women who were in the program and also those who had completed their treatment and returned to help others get their lives back on track,” said Mrs. Beshear, co-chair of the Recovery Kentucky Task Force. “Since that day, I have been an avid believer in the unique peer-based treatment and long-term care these centers offer.”

Want to help with the fight against homelessness and addiction? Donate to the Hope Center at hopectr.org.

Top 5 Things We Need

- Shower Shoes (flip flops)
- Towels
- Blankets
- Sandwiches for the Hope Mobile
- Personal Hygiene Items (trial size)

See full list of needed items at www.hopectr.org



The **Hope Center** provides services to the homeless in Lexington, Kentucky, including the immediate needs of food, shelter and clothing and the longer-term needs of detox and substance abuse recovery, diagnosis and treatment of mental illness, health clinic services, employment counseling, life skills, housing support and transitional housing.

Kentucky State Representatives Celebrate Scholar Houses



State Representatives from left to right Joni Jenkins, Bam Carney, Rita Smart, Tom McKee, Leslie Combs, Linda Belcher, Jack “Goose” Givens, former UK basketball player

Thank you to the Kentucky House of Representatives for their Little Scholars T-Tournament initiative to support Scholar Houses across Kentucky. The goal was to collect enough college and university t-shirts for each Scholar House child. The One Parent Scholar house, now managed by the Hope Center, was the first of its kind in Kentucky.

“Scholar Houses have found unique ways to meet the needs of non-traditional students and their children,” said Rep. Adkins, who was designated as the Head Coach for the Tournament. “Parents are getting an education while teaching their sons and daughters that college is a goal that they too can achieve.”

DONATE ONLINE
www.hopectr.org

COME TO SUPPORT THE SCHOLARS!

TO BENEFIT THE ONE PARENT SCHOLAR HOUSE

May 17 at 12:15 pm | The Carrick House

R.J. Corman Railroad Group presents



EDUCATION BUILDS HOPE LUNCHEON

with support from Don & Mira Ball